



OUR 2022
IMPACT 2023

WHO WE ARE

LGBT Youth Scotland is Scotland's national charity for LGBTQ+ young people. LGBTQ+ stands for lesbian, gay, bisexual, trans, queer & questioning, and the positive '+' aims to represent and respect everyone on the gender and sexuality spectrum, including intersex. For more than 20 years we have been creating safe spaces where LGBTQ+ young people aged 13-25 can flourish; reaching their full potential in life, work and education:

Through our **innovative youth work** which empowers young people to feel a sense of belonging, and achieve their own goals.

Through our **equality accreditation programme**, the LGBT Charter - we ensure the places young people live, learn and work are as inclusive as possible.

Through our **youth participation and policy work** we position young people as experts in their own lives and amplify their voices to decision makers to inform positive change.



OUR VALUES

All of our work is built upon our four core values:

INCLUSION

We champion young people's rights. We welcome everyone who actively works to make things better with and for young people, building a more diverse and accessible community where everyone feels valued.

EMPATHY

We listen to, learn from and empower one another which helps us actively influence positive change. We do this by being kind, honest and compassionate in our work.

RESPECT

We value young people, our partners, ourselves as individuals and each other. We value and recognise the contributions, qualities and achievements we all make.

INNOVATION

We are led by the needs and views of LGBTQ+ young people to take an imaginative and creative approach in everything we do.



OUR STRATEGY 2023 - 2028

We have four strategic goals:

CHANGING LIVES THROUGH YOUTH WORK

LGBTQ+ young people take ownership of their own lives and become more confident and successful individuals.

INFLUENCING CHANGE THROUGH YOUNG PEOPLES VOICES

LGBTQ+ young people influence change through their voice and by taking action.

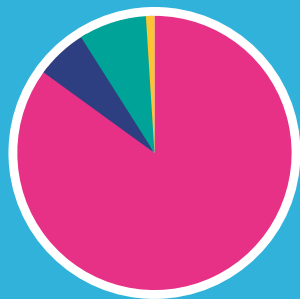
IMPROVING YOUNG PEOPLE'S LIVES THROUGH PARTNERSHIPS

LGBTQ+ young people have increased opportunities through meaningful relationships and partnerships with other organisations.

IMPROVING YOUNG PEOPLE'S LIVES THROUGH CREATING INCLUSIVE ENVIRONMENTS

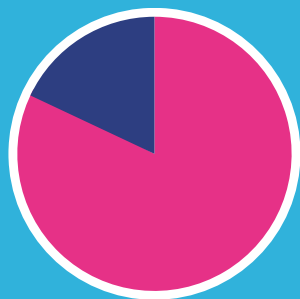
LGBTQ+ young people have access to more inclusive environments to live, work and learn.

OUR NUMBERS



INCOME 2022-2023
£1,641,246

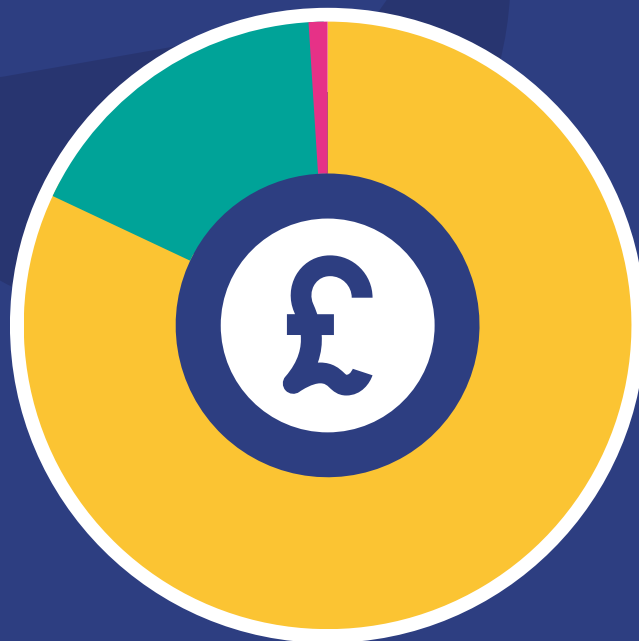
- 85% Grants
- 6% Donations/Legacies
- 8% Earned Income
- 1% Other



EXPENDITURE 2022-2023
£1,671,783

- 82% Direct Support
- 18% Core

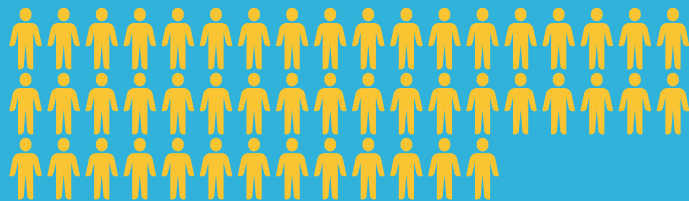
HOW WE SPEND



On average for every £1 LGBTYS spends, 82p goes towards our direct work, 17p is spent on support and running costs and 1p is invested in generating future income

OUR PEOPLE

49 Staff



104 Volunteers



10 Trustees



LGBT Youth Scotland: Measuring Our Impact 2022-2023

OUR YOUNG PEOPLE

We reached 1024 young people directly and more than 30,000 through the LGBT Charter



AGE

- 42% of our young people are 13-17
- 58% of our young people are 18-25



SEXUALITY*

- 5% identify as asexual
- 23% identify as bisexual
- 19% identify as gay or lesbian
- 9% identify as pansexual
- 10% identify as Queer or questioning
- 15% not listed above



GENDER*

- 19% identify as a female
- 31% identify as a male
- 27% identify as non-binary
- 4% identify as questioning
- 19% not listed above



53% of our young people identify as transgender

*identities were multi-select options for our young people and so many chose more than one identity

OUR IMPACT

YOUTH WORK

2062

hours of group work: 1006
group work sessions involving
544 individual young people in-
person across 11 local
authorities and on-line across
Scotland

923

engagements across Live Chat,
email and text with young
people, parents, schools and
external agencies across all
local authorities.

851

1:1 asset based coaching
sessions supporting individual
young people face to face,
digitally or on the phone

OUR IMPACT

YOUTH PARTICIPATION

146

hours of youth participation work with
young people over 69 sessions –
LGBTQ+ Youth Commission work on
trans rights, and our Youth Reference
Group, with an additional 10 hours
over 4 specific sessions on Voices
Unheard around LGBTQ+ healthy
relationships and domestic abuse



OUR IMPACT

LGBT CHARTER

216 education settings and organisations currently on their charter journey or signed up and ready to get started.

42 education settings and organisations achieved a charter accreditation (26 schools and 16 organisations).

160 clients across 29 different local authorities took part in our LGBT Charter programme.

98 schools are currently part of our LGBT Charter for Education.



We delivered our new 'Supporting Transgender Young People in Schools' training across Scotland

OUR IMPACT

AWARENESS



Delivered LGBT Awareness Training to over 1800 individuals.

83,250 new site visitors across year with 54,587 accessing youth work groups and support section (ten times higher than previous year).



Published our national research into what 'Life in Scotland' is like for LGBTQ+ young people across all areas of their life and shared this with our partners.

Over 50,000 followers across Twitter, Facebook, Instagram and linkedin. Our tweets had 3.9 million impressions. We closed our Twitter account in April 2023.



WHAT OUR YOUNG PEOPLE TELL US

HEALTH & WELLBEING

76% said our support helped them make positive decisions about their health and wellbeing.

58% said being involved at LGBTYS helped them to have a better understanding to make safe choices about drugs and alcohol.

65% said being involved at LGBTYS helped them to have a better understanding to make safe choices about sex and sexual health.

69% said involvement with LGBTYS has given them a more positive vision of their future.

“The experiences and opportunities that I have been given through LGBTYS have allowed me to develop a range of transferable skills and the opportunities have given me things to talk about at successful job interviews”

“Since being involved with LGBTYS I've been able to work on my advocacy, professionalism, and communication skills which have been helpful in a variety of ways when applying for graduate jobs and with my degree and other voluntary work.

“I have a bigger LGBT support network and friend group which has been beneficial to my mental health and helped keep me on track with my work for university”

WHAT OUR YOUNG PEOPLE TELL US

CONFIDENCE & RESILIENCE

57% said being involved with LGBTYS has helped them to respond better when they have a disagreement or argument with someone.

86% said their involvement with LGBTYS increased their confidence.

68% felt more able to communicate their needs to other people.

57% said involvement with LGBTYS has enabled them to learn new skills that will help with education, training, volunteering or employment.

70% said being involved with LGBTYS has helped them know what to do if they are in an unsafe situation.

“My whole world feels better because I have come to LGBT Youth Scotland. I now have hope which I didn’t before”

“It’s just made it easier for me to attend school and do other things in my life knowing I’ll have the safe spaces at LGBT Youth Scotland that I can get to”

“LGBT Youth Scotland will always have a place in my heart. I started as a young trans kid who had no idea about life. I couldn’t even form a conversation, I was mentally unwell and I had no friends or no relationship with my family. Now I have everything I’ve ever wanted.”

WHAT OUR YOUNG PEOPLE TELL US

LGBT CHARTER

97%

agreed the LGBT Charter had created a more inclusive environment for their LGBT service users/pupils and their staff.

“In doing the LGBT Charter our school has had an increased support and understanding of helping young people to come out as LGBT+, the school also has made sure that the LGBT+ Community and LGBT+ Rights are more widely spoken about and given more attention – we have also found in classes there is less tolerance for Homophobia, Biphobia and Transphobia.”



YOUTH PARTICIPATION



84% said being involved at LGBTYS made them more aware of their rights.



80% said being involved at LGBTYS meant they more able to express their voice and make a difference.



Two MSYP's were supported to represent LGBTQ+ young people's rights and quality of life in Scotland, in the Scottish Youth Parliament.



Young people from both The Trans Rights Youth Commission and The Non-Binary working group met with key decision makers around Gender Recognition Reform and LGBT equality.



The views of LGBTQ+ young people were heard by the Scottish Government Working Group on ending conversion practices.



lgbtyouth.org.uk



LGBT Youth Scotland is a company limited by guarantee (SC244805) and a registered charity (SC024047)